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"TAKE A BREAK" JAR

GO FOR A WALK AND COLLECT LEAVES

WRITE AND SEND A LETTER TO A FAMILY MEMBER

DRAW A PICTURE OF SOMETHING YOU SEE OUTSIDE

DRAW YOUR FAVORITE ANIMAL

MAKE A SNACK

5-MINUTE CLEAN-UP RACE

PLAY WITH TOYS

READ A BOOK

DO 10 JUMPING JACKS

PLAY TAG

TODAY, LET'S

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